



CORONATION
SPECIAL
EDITION

MAGAZINE

The Best

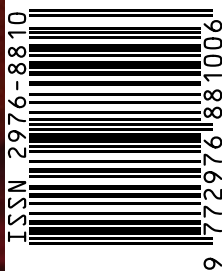
2023

KING CHARLES III

THE ROYAL CORONATION
IN GLORIOUS PHOTOS

An Intimate Portrait of the New
Monarch

- +Queen Camilla
- +Prince William And Other Royals.
- +Coronation



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The Best MAGAZINE

In collaboration with Association of Turkish-British Journalists' and London Y.E.S Media Service

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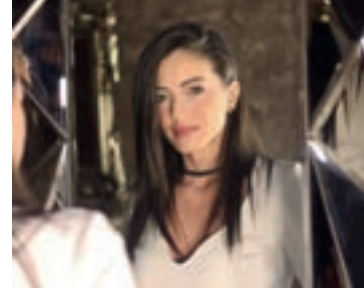
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An Entrepreneur



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An Author and
An Entrepreneur



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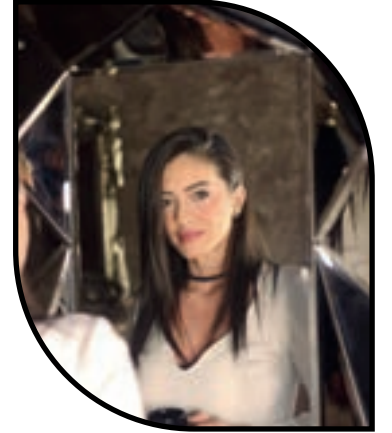
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The Best MAGAZINE

*Believe in
Magic*



LI  N

A MAGNIFICENT CORONATION...



HÜLYA ÖZKOYUNCU
EDITOR IN CHIEF



JUST LIKE IN FAIRY TALES

Or me, witnessing King Charles' coronation must have been a reality beyond dreams.

I have traveled to many countries and attended many events, but the Queen's birthday event impressed me the most.

The great old British weather might not have been on side, but it didn't appear to dampen Brits spirits this weekend as we celebrated the coronation.

Watching the pageantry left me in no doubt that the coronation of His Majesty the King marks the start of a new chapter in British history.

Opinions may vary, but I enjoyed every moment...

Coronations have been held at Westminster Abbey for more than 900 years. Indeed, the coronation of Queen Elizabeth II in June 1953 was considered groundbreaking at the time as it was the first to be televised. As a joyous celebration in the aftermath of World War II, the coronation lifted Britain's post-war gloom and marked the emergence from wartime austerity.

Fast-forward just one month short of 70 years to the coronation of Charles III and this weekend was a momentous British royal ceremony watched by millions throughout the world. Will it also prove to mark another important moment in time, symbolising the start of the end of the last few difficult years?

Certainly the multicultural and diverse nature of the coronation ceremony brought family, friends and communities together at a time when so many are struggling post-Covid with the cost-of-living crisis and the effects of the war in Ukraine...

We are told that King Charles wanted a particular focus on youth, community, diversity and sustainability as a reflection of a modern monarchy.

It was good to see an element of continuity from his time as the Prince of Wales. A modest 2,000 made the guest list compared to the 8,000 who attended the coronation of Queen Elizabeth II, with King Charles III making it clear that times are changing.

Queen Elizabeth II was a remarkable icon of female leadership but King Charles III (and Prince William) know that the monarchy's real power is only as strong as the trust and belief of the people. Change is happening and the monarchy certainly looks and feels very different than it did when the late Queen began her reign in 1952.

While rooted in longstanding traditions and pageantry, this coronation has given us an opportunity to look to the future and move forward with respect for all as we continue to champion diversity and inclusivity. They are the basic building blocks of a fair and inclusive nation that promotes and protects the rights of all.

Whatever our background or our place in society, the rapid pace of social change and economic transformation means we all have a responsibility to be bold and transparent in our commitment to diversity and inclusion.

I very much hope our newly crowned King continues to lead the way for the Royal Family and society at large.

While watching these magnificent celebrations, I thought of Princess Diana.

Diana was the fairy tale princess of my childhood...

Was she watching these moments too?

Finally, I must admit that after witnessing these magnificent celebrations, my admiration for the Royal family grows exponentially...

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*Welcome to the first issue of
The Best magazine.*



ALPASLAN DÜVEN

We are **very excited**

To present this new, monthly publication to you and hope that it provides you with compelling content, new trends, thought-provoking topics and inspiration for you and your company's continuing innovation.

The Best magazine is the result of a collaboration between the UK and Turkish market and communities to offer a more customised approach to the various people and industries.

On a daily basis our teams are monitoring the trends in the industries, conducting extensive research and providing innovative product solutions, and it quickly became clear to us that this valuable information is meant to be shared.

From emerging markets to new ideas buzzing in the industry, we promise to collect what's hot and trending in the industry and deliver it in a format that keeps you informed and interested.

We understand the influx of information out there and that the time required to sort through it all can prove difficult.

We're keen to find out what content is the most engaging, which celebrities and royals you're most interested in, and if there's anything you'd like to see more of on site.

I would like to take a moment to thank our staff for their contributions and hard work to the launch this magazine.

As you open your first inaugural issue of The Best magazine, it is our sincere hope that you are inspired and enjoy this piece created just for you.

Happy reading...



Gökçe YEŞİLYURT
Visa Consultant

“COMMEND ME TO THE TURKISH DOCTORS”

K. Atatürk

Türkiye has become a popular destination for health tourism for few years and has been to fifth of world tourism list.

As in previous years, the number of incoming tourists to Türkiye increased by 13.7 percent in 2019, reaching 51.8 million people, setting an all time record.

The most prevalent treatments that the foreign visitors are looking for in Türkiye are; hair implant, aesthetic surgery, dentistry and eye surgeries.

In addition to these popular procedures, presenting a range of different medical services including cancer treatments, transplantations and on fertility.

In the last years; Turkish government is promoting the health tourism actively and investing to new associations, substructures, and the most modern technologic equipment in order to provide an easy access to foreign visitors.

Also putting new regulations into force in order to support the highest security and quality of medical associations and the highest educated professional doctors.

The communication of foreign visitors from all around the world with the developed medical associations and the medical specialists who have the high education, has made Turkish health tourism preferable.

And the top reason of this choice is the quality of medical associations and experienced professional doctors.



Also by comparing with European and Middle East countries, the health services are much cheaper in Türkiye.

Türkiye is presenting the most common and the most developed health range to all around the world and these advantages are making Türkiye accessible for foreign visitors.

With this chance, would like to remind the sentence of our great / first leader Mustafa Kemal Atatürk at his last minutes before he has passed away: COMMEND ME TO THE TURKISH DOCTORS!!!

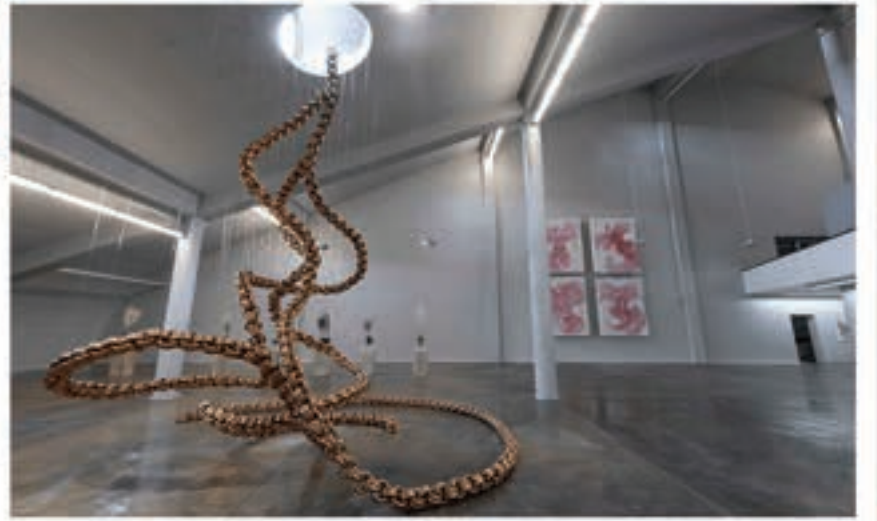
With Best Regards



Vuslat Sabancı in London to announce her new museum exhibition



Vuslat Dogan Sabancı gave a talk on her art and the concept of 'Emanet', at London's Royal Academy of Arts



The Turkish artist and activist Vuslat Doğan Sabancı announced her first solo museum exhibition, "Emanet", which will take place at the Bakşı Museum in Bayburt, Türkiye from 20 June to October 20, 2023.

Vuslat introduced "Emanet" while in discussion with art historian and broadcaster Andrew Graham-Dixon to an esteemed audience at London's Royal Academy of Arts. During the conversation, she elaborated more on the inspiration behind the exhibition.

VUSLAT DOĞAN SABANCI

THE CORONATION HAS EVERYONE

The Coronation is an ancient ceremony that dates back more than 1,000 years, with the last one seen 70 years ago.

That means many won't be too familiar with the sacred and poignant stages of the service that all carried out during King Charles' big moment at Westminster Abbey on May 6.

The blueprint of Coronation ceremonies dates to 937 and the crowning of King Edgar. Now, almost 11 centuries on, a coronation remains a deeply religious occasion which is steeped in pageantry.

A special event. King Charles III's coronation is the first ceremony for a British monarch in the 21st century — but it continued to follow royal tradition.

The service, which took place in May 2023, was held at Westminster Abbey six months after Queen Elizabeth II's funeral. Although the ceremony underwent some changes to include various faiths and communities, the basics remained the same.

The Archbishop of Canterbury was present to crown Charles in a practice that has taken place since 1066. His coronation is the 40th to occur at Westminster Abbey — and was broadcast for the public to experience.

Charles originally assumed his place as sovereign immediately after his mother's passing at age 96 in September 2022.

During his ceremony, Charles' wife, Queen Consort Camilla, was also crowned in a smaller service. Elizabeth previously discussed her hope for Camilla to inherit that title of queen consort upon Charles' accession as king.

The Recognition

During the first part of the ceremony, the sovereign stood in the central space of Westminster Abbey to show themselves to the people. From there, the Archbishop of Canterbury asked the congregation and choir to show their homage and service.





MOMENT THAT TALKING

The Oath

The coronation continued with the monarch delivering an oath where they promise to reign according to law. They also vowed to exercise justice with mercy and maintain the Church of England.

In the second part of the coronation ceremony, the person about to take the throne approached the altar and kissed the Bible before signing the oath.

The King is anointed.

Following the oath, the sovereign is anointed and blessed by the Archbishop of Canterbury with holy oil. The King removed his robe and sat in King Edward's chair while the archbishop performs the next step with an ampulla and an anointing spoon.

Then, for the first time in coronation history, the archbishop invited the British public, as well as those from "other Realms," to recite a pledge of allegiance to the newly crowned monarch and his "heirs and successors."

After the ceremony, the newly crowned King and Queen rode back to Buckingham Palace in a much larger parade, featuring 4,000 members of the armed forces, 250 horses and 19 military bands.

The pomp and pageantry concluded with a royal salute and the customary balcony appearance by the King and family members.

The newly crowned sovereign waved to crowds from Buckingham Palace. As is tradition for the royal, Kate opted for a pair of meaningful diamond and South Sea pearl earrings, which previously belonged to Princess Diana. She has worn them on numerous occasions in the past, including the Remembrance Day service in 2022 and the BAFTAs in 2019.

When it comes to her jewellery, Kate often opts for poignant choices, too. For the Buckingham Palace lunch on 5 May, she wore Queen Elizabeth II's Bahrain Pearl Drop Earrings, which she was previously seen in at Her late Majesty's state funeral in September. In the evening, Kate dipped into the royal jewellery box once again, wearing the Queen Mother's sapphire and diamond fringe earrings.

King Charles III and Queen Palace balcony following



KING CHARLES WAVED TO ECSTATIC CROWDS AS HE ARRIVED AT WESTMINSTER ABBEY.

Camilla stand on the Buckingham
their coronation ceremony.



THE EXACT MOMENT WHEN KING CHARLES III WAS CROWNED.





PRINCE WILLIAM SWEETLY GAVE HIS FATHER A KISS ON THE CHEEK DURING THE GRAND CEREMONY.





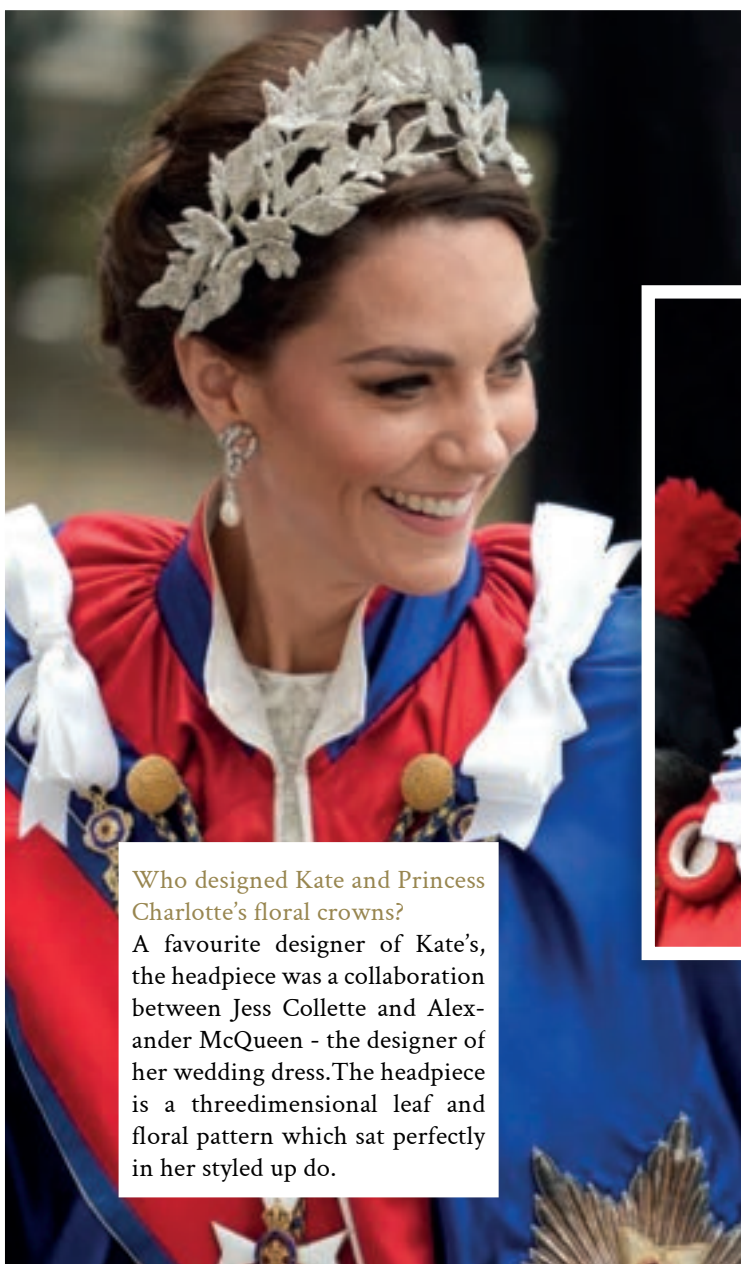


The Princess Of Wales's Floral Crown

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Who designed Kate and Princess Charlotte's floral crowns?
A favourite designer of Kate's, the headpiece was a collaboration between Jess Collette and Alexander McQueen - the designer of her wedding dress. The headpiece is a three-dimensional leaf and floral pattern which sat perfectly in her styled up do.



How much is Kate Middleton's floral crown worth?
At present, no value or estimation has been given as to how much the Princess of Wales's crown is.



NICOLE SCHERZINGER

The King's Coronation concert at Windsor Castle on Sunday evening featured some incredible performers from iconic artists including Katy Perry, Nicole Scherzinger and Take That. A star-studded night of entertainment celebrating the King's coronation began with Charles being thanked for making the event possible – by “weeding” his back garden at Windsor Castle.

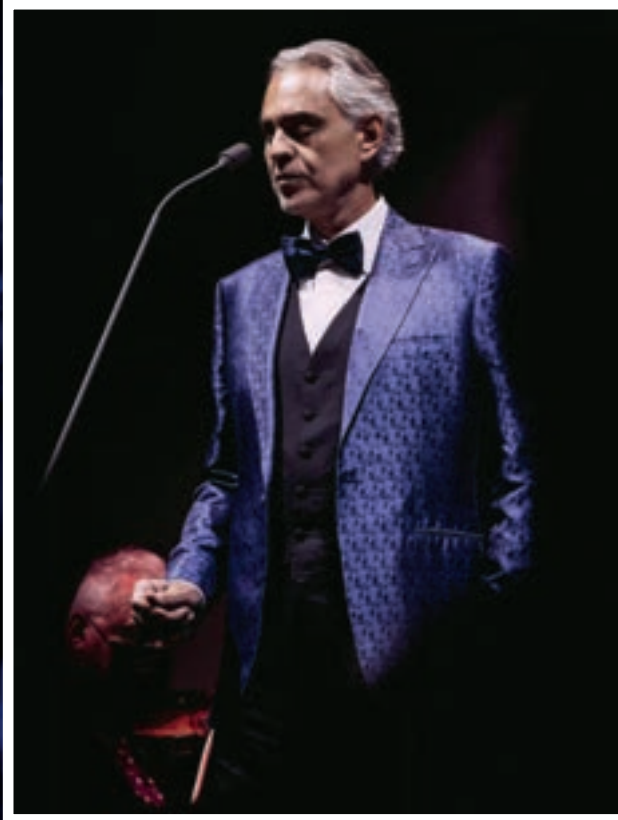
Nicole Scherzinger, on the other hand, fascinated those who came to the concert with his stage performance costume and voice.

THE CORONATION CONCERT

Katy Perry raises eyebrows with 'awkward' lyric at King's Coronation concert
Katy Perry has raised some eyebrows among her fans as she belted out a hit song during her performance at King Charles' Coronation Concert. However, some fans were confused when they realised a lyric in her song Firework had an "awkward" historical meaning that could be perceived as offensive to King Charles and the history of the monarchy.

In the song, Katy sings the line: "You just gotta ignite the light / And let it shine / Just own the night / Like the Fourth of July."

KATY PERRY PERFORMS INSIDE WINDSOR CASTLE GROUNDS AT THE CORONATION CONCERT.



ANDREA BOCELLI



TIWA SAVAGE

British pop group Take That, international superstar Lionel Richie, global pop icon Katy Perry, international opera star Andrea Bocelli, Welsh bass-baritone Sir Bryn Terfel, and classical-soul composer/producer Alexis French are some of the artists who graced the stage at The Coronation Concert.

The drone light show during the concert included a whale made of drones. 10 towns and cities across the country were treated to "espectacular" light displays, while 1,000 drones took to the sky for a UK-first "multi-location drone show"

Coronation concert venue millions of people, Windsor Castle

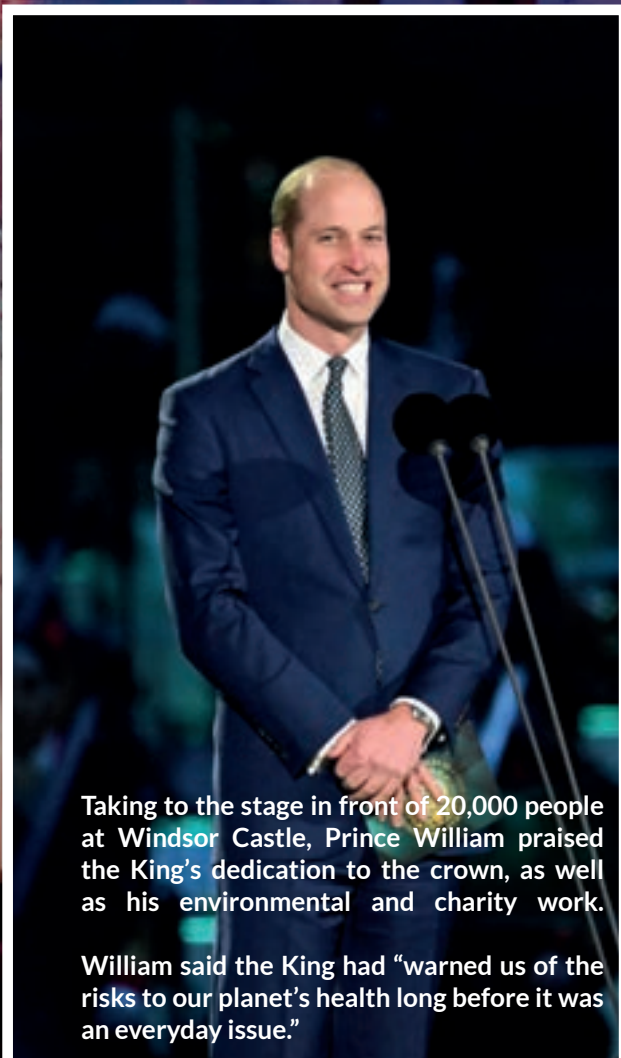
Hollywood star Tom Cruise appeared via video message from his War Bird plane, saying: 'Pilot to pilot. Your Majesty, you can be my wingman any time,' before saluting and banking off.



TOM CRUISE



Sir Bryn Terfel and Andrea Bocelli performed 'You'll Never Walk Alone' at King Charles III's Coronation Concert



Taking to the stage in front of 20,000 people at Windsor Castle, Prince William praised the King's dedication to the crown, as well as his environmental and charity work.

William said the King had "warned us of the risks to our planet's health long before it was an everyday issue."



US pop legend Lionel Richie got the King on his feet when he sang All Night Long.



The King's Coronation guest list: a who's who of every foreign royal attending From the King and Queen of Spain to Crown Prince Pavlos of Greece, King Charles III's Coronation guest list glitters with foreign royals...



Crown Prince Frederik and Crown Prince Mary of Denmark



King Juan Carlos I and Queen Sofia of Spain



King Carl XVI Gustaf and Crown Princess Victoria of Sweden



King Willem-Alexander and Queen Máxima of the Netherlands



King Philippe and Queen Mathilde of Belgium



Queen Anne-Marie, Crown Prince Pavlos and Crown Princess Marie-Chantal of Greece



Prince Albert II and Princess Charlene of Monaco



Crown Prince Fumihito and Crown Princess Kiko of Japan



Crown Prince Haakon and Crown Princess Mette-Marit of Norway

THE KING'S CORONATION GUEST LIST: A WHO'S WHO OF EVERY FOREIGN ROYAL ATTENDING



Asantehene (King) Osei Tutu and Lady Julia Tutu



Grand-Duke Henri of Luxembourg and Grand-Duchess Maria Teresa



King Mswati of Eswatini



Permaisuri Agong of Malaysia



Māori King Tūheitia Potatau Te Wherowhero VII and Queen Te Atawhai



The Crown Prince of Kuwait



Prince Turki bin Mohammed Al Saud



Crown Prince Alexander and Crown Princess Katherine of Serbia



Former King Simeon II of Bulgaria



King Felipe VI of Spain and Queen Letizia of Spain



The Hereditary Prince of Baden



King Abdullah II and Queen Rania of Jordan



King Maha Vajiralongkorn and Queen Suthida of Thailand



King Letsie III of Lesotho



Princess Lalla Meryem of Morocco



Queen Jetsun Pema and King Jigme Khesar of Bhutan



Mansour bin Zayed Al Nahyan



The Emir of Qatar



Crown Prince of Oman



The King of Tonga



The Sultan of Brunei

1 King Charles III

2 Queen Camilla

3 William, Prince of Wales

4 Catherina, Princess of Wales

5 Anne, Princess Royal

6 Vice Admiral Timothy Laurence



7 Edward, Duke of Edinburgh

8 Sophie, Duchess of Edinburgh

9 Richard, Duke of Gloucester

10 Birgitte, Duchess of Gloucester

11 Edward, Duke of Kent

12 Lady Ogilvy





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We would like to offer our warmest congratulations and all good wishes to Their Majesties King Charles III and Queen Camilla on the occasion of their coronation. Our Chairman, Alpaslan Diaven, has written to Buckingham Palace offering his congratulations on behalf of the Association of Turkish-British Journalists' and members.

Association of Turkish-British Journalists'



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Congratulations

We would like to offer our warmest congratulations and all good wishes to Their Majesties King Charles III and Queen Camilla on the occasion of their coronation. The enduring friendship between Türkiye and the U.K. is a source of strength for both our peoples. We are looking forward to continuing excellent cooperation and further deepening bilateral historic relations.



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We, Akademik Hospital, would like to join the nation in congratulating their majesties King Charles III and Queen Camilla, on the occasion of their coronation on Saturday 6th May.

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Congratulation





When the Royal Albert Hall opened, Richard Wagner, Giuseppe Verdi and Edward Elgar gave their first UK performances on stage.] The venue has witnessed performances by many popular names in history.



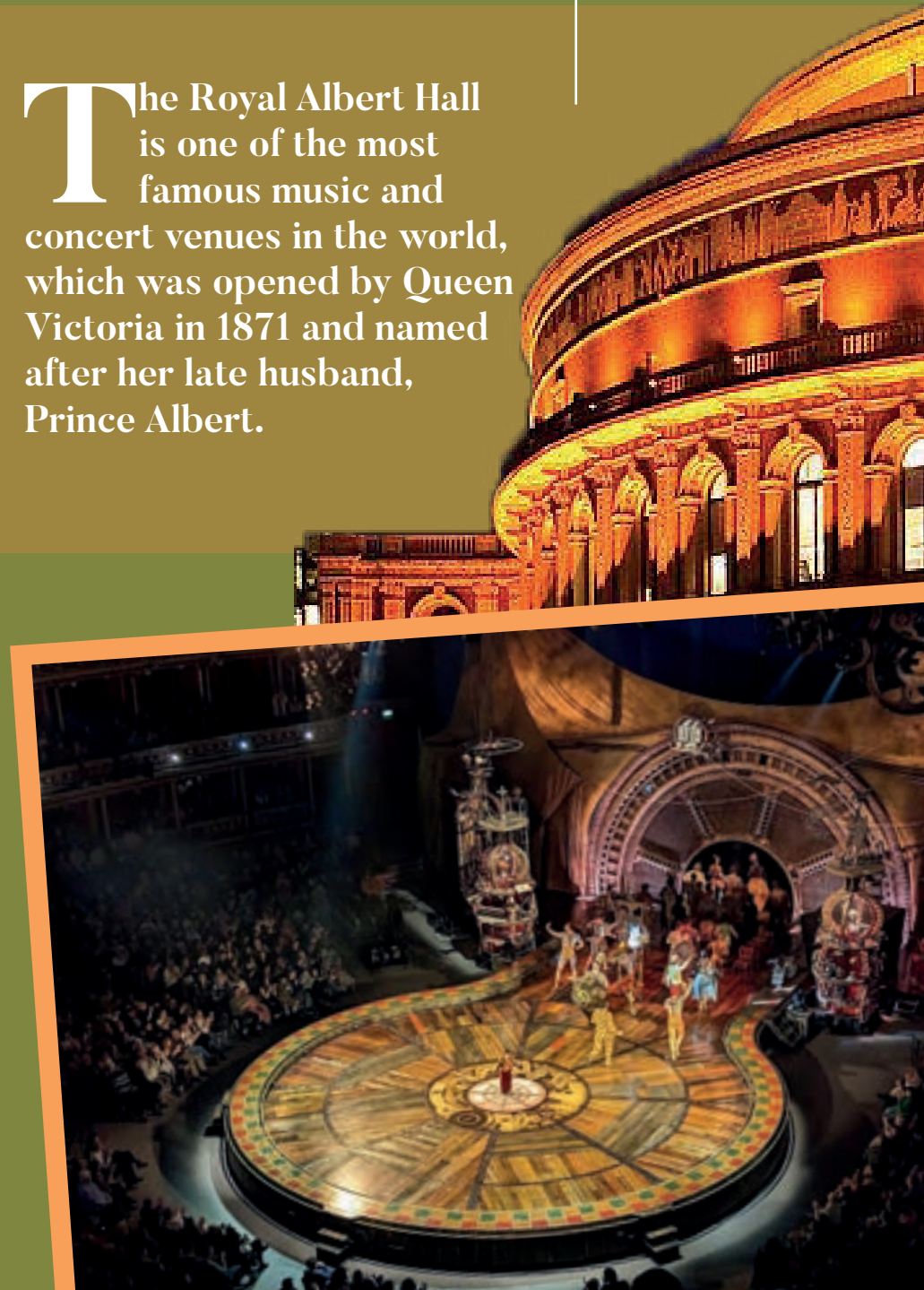
Among them; Frank Sinatra, The Beatles, Robbie Williams, Ennio Morricone, Liza Minelli, Jimi Hendrix, Oscar Peterson, The Who, Led Zeppelin, Eric Clapton, Sting, Elton John, Adele, Bring Me The Horizon, Sezen Aksu, Zeki Müren, in the new time There are names like Zülfi Livaneli, Opeth, who take the stage and give huge concerts.



It has also hosted historical speeches by famous figures such as Winston Churchill, The Royal Albert Hall is located in South Kensington so it is easy to combine with a visit to any of the South Kensington museums. The Hall is a 15-minute walk from High Street Kensington, Knightsbridge or South Kensington tube stations. sit amet.

THE ROYAL ALBERT HALL

The Royal Albert Hall is one of the most famous music and concert venues in the world, which was opened by Queen Victoria in 1871 and named after her late husband, Prince Albert.





Soak up the atmosphere, the interior and the amazing acoustics at one of more than 360 events a year, including classical music, jazz, world music, circus, rock, pop, opera, dance, comedy and tennis. And, arguably, it remains one of London's most iconic buildings.

As one of London's oldest and most iconic performance spaces, the Royal Albert Hall has been a massive fixture of British entertainment. In 2021, it celebrated its 150th birthday.

The Hall was originally designed to hold 8,000 people and at times has held as many as 12,000; however, nowadays the maximum capacity is 5,544.



HEALTH SECRETARY STEVE BARCLAY

Robots and AI in homes for the elderly could ease social care crisis, says Health Secretary Steve Barclay. Health Secretary believes the social care crisis could be eased by using robots and AI in homes for the elderly.

Mr Barclay flew to Japan, which has the world's oldest population and already uses robots in care homes across the country. He visited the Silver Wing Social Welfare Corp, a Tokyo-based nursing home operator that uses humanoid robots and AI technology to entertain and monitor its residents.


"I think there's a space to look at what is working in other healthcare systems," Mr Barclay told the Telegraph in an interview ahead of his trip to the G7 Summit in Nagasaki. "I think a key challenge we face within the UK is frail, elderly patients admitted to emergency departments, when often

care can be better delivered earlier and I think technology has a key role to play."

The health minister suggested robots and AI can help in better supporting patients and reducing demand on health and social care staff. Mr Barclay said the Japanese were "world leaders in their use of tech" and that they have invested in a wide range of technologies, including robotics, "as a key way of getting care to patients," adding "that is something we can learn from".

Silver Wing uses several types of robots in its care homes. At its Shin-tomi nursing home in Tokyo, humanoid talking robots interact with patients, including those with dementia, and lead





HEALTH SECRETARY ATTENDS JAPAN SUMMIT WITH HEALTH TECH AT TOP OF THE AGENDA

them through various recreational activities. Other robots monitor patients as they sleep, alerting caregivers if the individual is agitated or attempting to rise out of bed. One robot also assists carers as they lift patients out of their beds and into wheelchairs, a physically demanding task.

AI and robot technology, Mr Barclay said, could help to keep elderly people from making avoidable trips to overstretched hospitals.

-Care home revolution

Japan has been investing in the development of elder care robots to help fill a projected shortfall of 380,000 specialised workers by 2025. The UK is similarly facing acute shortages of staff. In 2021, the country's social care workforce shrunk for the first time in almost a decade, while figures from Skills for Care estimate that there are around 165,000 job

vacancies in the sector.

-7.22 million patients waiting for routine hospital treatments'

NHS data show that there were 7.22 million patients waiting for routine hospital treatments in January – nearly 3 million more than pre-Covid levels. The UK has previously considered the use of robots in adult social care. In 2019, the then government announced an investment of £34 million for robots that support elderly patients, saying at the time that such technology could “revolutionise” the care system. Between 2015 and 2020, the European Union also invested £81.5 in a research and development programme called “Robotics for Ageing Well”.

PASSENGER AIRCRAFT WITH AI CO-PILOTS...

Tim Clark said 'You might see a one-pilot aircraft. Could the aircraft be flown on a fully automated basis? Yes it could, technology is right up there now. [But passengers] like to think there are two pilots up there. There will always be somebody on the flight deck in my view.' His remarks come as debate rages over how far and fast AI technology should be developed.

Underscoring how much input a pilot has in the cockpit, Joji Waites, head of flight safety at pilots' union Balpa, wrote in a blog: 'The skilled pilot is part of an intricate safety system that mitigates risks and keeps passengers safe.'

Pilots are much more than just plane drivers – they are skilled professionals who are part of a vital safety system that works to ensure passengers, crew and cargo arrive safely at their destinations.



Tim Clark, President of Airline Emirates



Passenger aircraft with AI co-pilots could be flying travellers to their destinations in the future, says Tim Clark, president of airline Emirates.

'As pressure increases from some parts of the industry for operations with a further reduction in crew numbers – maybe eventually leading to fully autonomous operations – the recognition of these skills and the safety added value of a multi-crew cockpit is more important than ever.' Tim Clark, said: 'You might see a one-pilot aircraft. Could the aircraft be flown on a fully automated basis? Yes it could, technology is right up there now.'

He explained that pilots have to be navigators, engineers, technicians, weather experts and customer service managers.

He added: 'On a typical day, pilots deal with other aircrew, ground crew, cabin crew, air traffic control and passengers to name a few. A pilot must be able to communicate well, not only in

aviation terms (for example using the radio to speak to ATC), but also on an interpersonal level.'

'For a start, pilots fly with so many different crews that they must be able to establish a rapport with other flight and cabin crew easily. They must be able to exchange information clearly with people they have never met before. A pilot also must communicate information to passengers.'

'As well as being responsible for their passengers, a captain has the ultimate responsibility for all the crew on board.'

'Understanding their needs, flight time limitations, rest requirements, industrial agreements and supporting them in their dealings with passengers is a vital part of the job.'





DREAMLAND SCOTLAND...



**IF YOU
STILL DO NOT BELIEVE
THAT THERE IS A REAL
FAIRY TALE COUNTRY IN
THE WORLD, THEN YOU
HAVE NOT DISCOVERED
SCOTLAND YET.**



Let's take a short trip to this mystical land together.

The Scottish clan system plays a big role in Scottish culture and tradition and has its roots in the ancient Celtic tribal system. So it fits in perfectly! Clan system seems to have been pretty well established by the 11th and 12th century, but signs of their existence go back as far as the 6th century.

The word 'clan' comes from the Gaelic word 'clann', which meant 'family, offspring, children' and that's basically what they still represent, large family groups.

The most famous among these clans is the 'Wallace' clan, which fought for the independence of Scotland, to which the famous hero William Wallace is also affiliated.

William Wallace is undoubtedly one of the most important figures in Scottish history.

The Scottish Knight Wallace in the movie 'Braveheart' is a folk hero who fought for the independence of Scotland and defeated the English in battle in 1297.



LET'S TAKE A SHORT TRIP TO THIS MYSTICAL LAND TOGETHER.

Where is Scotland?

Scotland is a country that is part of the United Kingdom. Covering the northern third of the island of Great Britain. The Atlantic Ocean, which fringes the coastline of western and northern Scotland and its islands, influences the temperate, maritime climate of the country.

There are also many rivers and lakes, including the famous Loch Ness and Loch Lomond. The country, which has a population of five million, still keeps its old traditions alive today, unlike many nations whose identity has been lost.

The first country that comes to mind when you think of a castle is undoubtedly Scotland. Although there were close to 4000 castles in Scotland centuries ago, nearly 200 of them exist today. The best known of these castles are Edinburgh Castle, Stirling Castle, Glamis Castle, Huntingtower Castle. These castles are quite fascinating...

Scottish stories and legendary creatures

Scotland is a land of myths and legends. The stories of Scotland have inspired writers, artists and poets for centuries. Mythical monsters have always been a fascinating part of the rich history and folklore of the land.

Ancient Scots were curious about the world around them and their fantastical explanations of natural phenomena often involved the creation of mythical creatures with amazing powers... Scottish folklore is filled with tales of elves, spirits, fairies, ghosts, monsters, goblins, giants, and mythical animals. The most well-known of Scotland's creatures, Nessie otherwise known as the Loch Ness monster...



Glasgow and football

Glasgow is Scotland's largest city. Sport plays an important role in the culture of Glasgow. Glasgow was the host city for the 2014 Commonwealth Games, and was named European Capital of Sport in 2003.

First color photograph

In 1861 Scottish mathematical physicist James Clerk Maxwell produced the earliest color photograph, an image of a tartan ribbon, by having it photographed three times through red, blue, and yellow filters, then recombining the images into one color composite. Because of this photograph Maxwell is credited as the founder of the theory of additive color.

Sherlock Holmes

Sherlock Holmes is a fictional character created by the Scottish writer Arthur Conan Doyle. However, Conan Doyle did model Holmes's methods and mannerisms on those of Dr. Joseph Bell, who had been his professor at the University of Edinburgh Medical School. Conan Doyle took inspiration from Bell's method of diagnosing a patient's disease.



Haggis

If you happen to be in Scotland, you should definitely eat Haggis.

Haggis, the national dish of Scotland, a type of pudding composed of the liver, heart, and lungs of a sheep (or other animal), minced and mixed with beef or mutton suet and oatmeal and seasoned with onion, cayenne pepper, and other spices. The mixture is packed into a sheep's stomach and boiled.

Traditional dishes

Scottish food is all about local flavor and traditions and getting to know their food is a great way to get to know more about Scottish culture. The food in Scotland takes influence from other European nations and the United Kingdom, but it is unique to itself.

Modern-day Scottish cuisine still focuses on local ingredients, but in a more refined way. The dishes here elevate the simple into sometimes show-stopping.

"Cullen skink, cock-a-leekie soup, arbroath smokies, Scottish Porridge, full scottish breakfast, scotch pie (mince meat pie), aberdeen rolls, rumbledethumps (potato casserole)..."

Scottish Medicine

Scottish-born Alexander Fleming, the pioneer of modern medicine, is the inventor of penicillin.

Why does Scotland and Ireland have a lot of red-headed people?

In places like Scotland where the climate is cold and gray, this ability gives them a genetic advantage compared to those with other hair colors. Hundreds of years ago during the days of the Vikings, having red hair was actually an evolutionary edge for surviving long, cold winters.

The people of Ireland (and in second place Scotland) have the highest rate of occurrence of red hair in the world.

It is estimated that 34.8% of the Irish population carry the allele for red hair- and the Scottish population- a little higher at about 35.15% of the population. This translates into just under 11% of the Irish population having red hair- and a lower rate of just over 6% in Scotland (despite the occurrence of the allele being higher in Scotland).

The allele for red hair- is also responsible for melanin levels in the skin- which confers an advantage on those with red hair who live in climates with lower levels of sunlight- as they are far better able to absorb Vitamin D from sunlight despite the lack of sunlight.

This geographical benefit- turns into a curse the further south you go- as skin burns more readily with lower melanin levels- and there is a direct correlation with the incidence of skin cancer.

Encyclopaedia Britannica

The 'Encyclopaedia Britannica' is considered to be one of the enduring achievements of the Scottish Enlightenment. First issued in 1768, 'Britannica' has its origins in Edinburgh. It was published by Colin Macfarquhar (1744/5-1793), a printer, and engraver Andrew Bell (1725/6-1809).

Kilt

Now let's talk about that famous Scottish skirt Kilt. The Scots are famous for their Kilt-wearing men. Kilts are generally worn on special occasions. Each of the clans in Scotland wear kilts of a different color and pattern.



**MANY LEGEDARYD STORIES
ARE WAITING FOR YOU TO WITNESS...**

Robert Burns

Scotland's most famous poet is Robert Burns. Burns (1759-1796) wrote many classic poems and songs. He is widely thought of as the national poet of Scotland, wrote some of the most popular and well-loved Scottish poems of all time. His life is celebrated each year around the world on his birthday, 25th January.

Bagpipe

Scotland has a wide range of traditional instruments with significance way back in Scottish history. These instruments are still played today across the world!

While not all of these instruments originated from Scotland, they were all made symbols of cultural significance from the way Scots used them. Some were weaponised, some were used in ceremonies and some simply form the backbones to music heard at ceilidh's throughout the country.

Due to their inspirational influence, bagpipes were classified as instruments of war during the Highland uprisings of the early 1700s, and following the defeat of Bonnie Prince Charlie at the Battle of Culloden in 1746, the government in London attempted to crush the rebellious clan system.

Golf

Golf originated from a game played on the eastern coast of Scotland, in an area close to the royal capital of Edinburgh. In those early days players would attempt to hit a pebble over sand dunes and around tracks using a bent stick or club. During the 15th century, Scotland prepared to defend itself, yet again, against an invasion by the 'Auld Enemy'. The nation's enthusiastic pursuit of golf however, led many to neglect their military training, so much so that the Scottish parliament of King James II banned the sport in 1457.

Although people largely ignored the ban, it was only in 1502 that the game gained the royal seal of approval when King James IV of Scotland (1473 -1513) became the world's first golfing monarch.

Edinburgh

Edinburgh is the capital of Scotland and it is located in central eastern Scotland, near the Firth of Forth, close to the North Sea.

Thanks to its spectacular rocks, rustic buildings and a huge collection of medieval and classic architecture, including numerous stone decorations, it is often considered one of the most

lively cities in Europe. Scottish people called it Auld Reekie, Edina, Athens of the North and Britain's Other Eye.

Edinburgh is not only one of the most beautiful cities in Europe, it is a city with a fantastic position. The view falls on all sides – green hills, the hint of the blue sea, the silhouettes of the buildings and the city is one of the most popular tourist destinations in the UK. It is the capital of Scotland and home to many tourist attractions.

Edinburgh Festival

One of the first things that comes to mind when Edinburgh is mentioned is the world-famous Edinburgh Festival. This festival lasts about 25 days and all kinds of artistic, cultural, traditional events are available.

If you happen to be in the UK one day, I recommend you to stop by Wales and Scotland.

Many legendary stories are waiting for you to witness...





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Interest In Health Tourism Türkiye

Introduction:

In recent years, Türkiye has emerged as a leading destination for health tourism, attracting a growing number of patients from the United Kingdom. With its modern medical infrastructure, affordable prices, and high-quality healthcare services, Türkiye has become a preferred choice for UK residents seeking various medical treatments and procedures. This article explores the reasons behind the surge in health tourism to Türkiye from the UK and highlights the key factors contributing to its booming industry.

Affordable and High-Quality Medical Services:

One of the primary reasons for the increasing popularity of health tourism to Türkiye among UK patients is the combination of affordability and

high-quality medical services. Compared to the UK's expensive private healthcare sector, Türkiye offers significantly lower treatment costs without compromising on quality. Patients can save a substantial amount by opting for procedures such as cosmetic surgery, dental treatments, and medical check-ups in Türkiye, while still receiving world-class care from skilled healthcare professionals.

Modern Facilities and Advanced Technology:

Türkiye has made substantial investments in its healthcare infrastructure, equipping hospitals and clinics with state-of-the-art facilities and advanced medical technology. Leading medical institutions in cities like Istanbul, Ankara, and Antalya



boast internationally accredited hospitals and clinics, ensuring that patients have access to cutting-edge treatments and procedures. This combination of advanced technology and skilled medical professionals has instilled confidence in UK patients seeking treatment abroad.

Expertise in Cosmetic Surgery and Dental Care:

Turkiye has gained a reputation for its expertise in cosmetic surgery, particularly hair transplants, rhinoplasty, breast augmentation, and liposuction. Many UK residents choose Turkiye for these procedures due to the affordability and the track record of successful outcomes. Additionally, Turkiye's dental care services, including dental implants, veneers, and teeth whitening, have attracted UK patients seeking cost-effective options to enhance their smiles.

Ease of Travel and Hospitality:

Another contributing factor to the growing influx of UK patients to Turkiye for health tourism is the ease of travel and warm hospitality. Turkiye is well-connected to the UK through direct flights, making it convenient for patients to travel for treatment. Furthermore, Turkish healthcare facilities are renowned for their patient-centric approach, offering personalized care

and assistance throughout the treatment process. The hospitality industry in Turkiye also plays a crucial role in ensuring a comfortable and enjoyable experience for patients and their accompanying companions.

Conclusion:

Turkiye's health tourism industry is experiencing a significant boom, with a rising number of patients from the UK choosing the country as their preferred destination for medical treatments and procedures. The affordability, high-quality healthcare services, modern facilities, and expertise in cosmetic surgery and dental care are key factors driving this trend. As the industry continues to thrive, Turkiye is expected to maintain its position as a leading health tourism destination, providing UK patients with access to affordable, top-notch medical care combined with a unique cultural experience.



WHAT IS WIMBLEDON?



The Wimbledon Championship is one of the four major Grand Slam tournaments in tennis, US Open, Australian Open and French Open being the other three. Amidst the four, Wimbledon is the only one which is played in traditional grass courts while the other three take place on hard and clay surfaces. The event takes place over a span of two weeks, beginning in late June and early July.

Following traditions, all competitors must be dressed in suitable attire which is almost entirely white. Eating of strawberries & cream by the spectators, and Royal patronage is also part of the rich heritage of the tournament. The tournament is also notable for the absence of sponsor advertising around the courts. Unlike other major sporting events, Wimbledon is also noted for the absence of sponsors and advertising around the courts.

WIMBLEDON TOURNAMENT IS ONE OF THE OLDEST AND ARGUABLY THE MOST PRESTIGIOUS AND OLDEST TENNIS EVENT IN THE WORLD. SINCE 1877, THE ALL ENGLAND CLUB IN WIMBLEDON, LONDON HAS BEEN HOSTING THE EVENT.



WIMBLEDON

In 2009, Wimbledon's Centre Court got itself a retractable roof to avoid time loss due to rain.



TENNIS IS A BRITISH INVENTION

The game was invented in the UK by Walter Clopton Wingfield and was originally called "sphairistikè" – an ancient Greek word meaning "the art of playing ball."



IT'S BEEN ON TV FOR OVER 130 YEARS

The first televised airing of The Championships, Wimbledon was by the BBC on 21 June 1937



PRODUCTS NAME HERE

At the time of this article, the record for the most Wimbledon titles in Ladies' Singles belongs to retired Czech and American player Martina Navratilova with nine victories. In Men's Singles, the record for most titles is shared by William Renshaw, Pete Sampras, and Roger Federer, who each won the event seven times.

250 PEOPLE ARE TASKED WITH KEEPING TRACK OF THE BALLS

About 250 ball boys and girls – known as BBGs – are hired and undergo intensive training to keep track of all those fast-moving tennis balls.



54,250 TENNIS BALLS ARE USED DURING THE TOURNAMENT

The balls are replaced after every seven to nine games to make sure they're in perfect shape throughout the match. Those not in use are stored in a refrigerated container to keep them in tip-top condition

Seaside holidays in *Türkiye*



Prof. Dr. Yuksel EKINCI

A seaside holiday in Türkiye offers the perfect blend of natural beauty, cultural richness, and warm hospitality. With its stunning coastline along the Mediterranean and Aegean Seas, Türkiye attracts tourists from around the world seeking a memorable beach getaway.

One of the highlights of a seaside holiday in Türkiye is the pristine beaches. Whether it's the golden sands of Antalya, the charming bays of Bodrum, Dalyan, Kas, Kemer, and Oludeniz or the peaceful shores of Marmaris and Fethiye, there is a beach to suit every preference. The crystal-clear turquoise waters invite visitors to swim, snorkel, or simply bask in the sun while enjoying breath-taking views.

Beyond the beaches, Türkiye's seaside resorts offer a wealth of activities and attractions. History enthusiasts can explore ancient ruins or visit the UNESCO World Heritage Sites of Aphrodisias, Ephesus, or Troy. Vibrant coastal towns like Alanya, Bodrum, Marmaris, Side, and the city of Antalya boast charming old quarters, bustling markets, and lively nightlife.

Turkish cuisine is renowned for its flavours and diversity, and seaside resorts offer a culinary journey of their own. Visitors can taste delicious seafood dishes, and traditional mezes, and enjoy refreshing drinks and cocktails at beachfront restaurants and cafes. The warm Turkish hospitality adds an extra touch to the seaside holiday experience. From luxurious all-

inclusive resorts to family-run hotels, the accommodations cater to different budgets and preferences, ensuring a comfortable and enjoyable stay.

For those seeking adventure, a seaside holiday in Türkiye won't disappoint. Water sports enthusiasts can indulge in thrilling activities like jet skiing, parasailing, or scuba diving. Boat trips to secluded bays and islands provide a sense of tranquillity and a chance to discover hidden gems along the coast. Also, the Blue Voyage in Türkiye is a captivating maritime adventure that allows travellers to explore the country's breath-taking coastline aboard traditional wooden gullets. Sailing along the turquoise waters of the Mediterranean or Aegean Sea, the Blue Voyage offers a unique opportunity to discover hidden coves, secluded beaches, and picturesque islands. Guests can swim in crystal-clear waters, sunbathe on the deck, indulge in delicious Turkish cuisine, and witness stunning sunsets. It's a journey filled with tranquillity, natural beauty, and cultural immersion.

In conclusion, a seaside holiday in Türkiye promises an unforgettable experience filled with natural beauty, cultural treasures, exciting activities, mouth-watering cuisine, and welcoming locals. Whether you seek relaxation, adventure, or a blend of both, Türkiye's coastal destinations offer peaceful holiday experience for every traveller.

Fashion Trends

SS2023

Sequins shimmering sequins to light up the night. The festivities continue into the Spring Summer season with the glitz and glam of glitters. They come in a burst of extraordinary colors; golden yellows, bright sky blue, deep red. 'Let's go party'

Below, my for the nine biggest summer fashion trends you need to know in 2023. This is key predictions; Quiet luxury, back to black, mermaid Vibes ,hooded dresses,

It's time to talk summer trends for 2023! We're only a handful of weeks into spring, but summer is well underway. As the sun defrosts the ground to make way for floral, fauna, and the best summer 2023 fashion trends, I can simply feel it. And, because time has a funny way of passing by so quickly, the hottest season of the year will be here before we know it. Luckily, there's still ample time to shape your warm-weather wardrobe, which includes everything from summer wedding guest dresses and bags to the best sandals. Now, the real question is... with what?

This is the best evening dresses of this Spring Summer season with the luxury keyword 'Sequins'

sequins, flower power, cut out dresses, red, cobalt blue, empire yellow and lime time.

The key point: this summer, you get both sides of the coin. The spring/summer 2023 season was clearly a tale of two halves, proving pared-back elegance and sleek black styles can be just as high impact as the lustrous liquid shine pieces and standout floral moment

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